



Week 1

	Breakfast	Snack	Lunch	Snack	Tea
Mon	Choice of cereal, fruit or toast	Homemade cheese straws	Sausage, vegetables and mash with gravy Ice cream	Plums and Nectarines	Cheese salad wraps with cucumber wedges Strawberries and yoghurt
Tue	Choice of cereal, fruit or toast	Soft cheese & celery sticks Cheese sticks for the babies	Homemade lasagne & salad Pineapple and custard	Melon chunks	Beans on granary toast with melted cheese Jam Sponge Cake
Wed	Choice of cereal, fruit or toast	Satsuma segments	Grilled chicken, broccoli and swede & carrot mash Pear with speedy chocolate sauce	Breadsticks with dip	Turkey & vegetable rice with coleslaw Homemade biscuits
Thur	Choice of cereal, fruit or toast	Apple and kiwi slices	Trawler man pie with sweetcorn & peas Angel delight	Rice cakes & Greek yoghurt	Homemade vegetable soup and crusty buns Oat cakes and jam
Fri	Choice of cereal, fruit or toast	Banana and Pear	Vegetable quiche & couscous Fruit cocktail	Cucumber & carrot wedges with dip	Italian pizza bites with sweet potato roasts Yoghurt and Fruit



Week 2

	Breakfast	Snack	Lunch	Snack	Tea
Mon	Choice of cereal, fruit or toast	Mini cheddar crackers	Beef & mushroom stroganoff with boiled rice Yoghurt and fruit	Pineapple chunks	Penne with chorizo and creamy tomato sauce Chocolate cherry cookie
Tue	Choice of cereal, fruit or toast	Banana and Pear slices	Pork with cabbage and carrot and turnip mash. Seasonal berries	Apple and Kiwi slices	Chicken salad wrap with choice of sauces served with vegetable sticks Jelly
Wed	Choice of cereal, fruit or toast	Breadsticks with dip	Tuna Pasta Bake Jam sponge and Custard	Rainbow pepper & tzatziki	Ham & tomato rolls Ice cream
Thur	Choice of cereal, fruit or toast	Soft boiled Carrot sticks with cheese dip	Chicken stir-fry with green beans Homemade oat cookies	Crackers and cheese spread	Roasted Mediterranean vegetable soup Fairy buns
Fri	Choice of cereal, fruit or toast	Plum and peach slices	Shepherd's pie and vegetables Angel delight	Breadsticks with dip	Cream cheese & cucumber sandwiches Strawberry and Banana Smoothie



Week 3

	Breakfast	Snack	Lunch	Snack	Tea
Mon	Choice of cereal, fruit or toast	Apple dunkers with yoghurt	Spaghetti Bolognese Exotic fruit kebabs	Breadsticks and dips	Cheese on toast with beans Angel delight
Tue	Choice of cereal, fruit or toast	Banana slices	Roast chicken dinner with seasonal vegetables Homemade biscuits	Cucumber and softly boiled carrot bites	Homemade leek & potato soup with bread roll Custard and fruit
Wed	Choice of cereal, fruit or toast	Hummus and pita chips	Jacket potato & cheesy beans Yoghurt	Fromage frai & peach slices	Ham salad wraps Fruit Cocktail
Thur	Choice of cereal, fruit or toast	Celery and cucumber Sticks	Sausage, butter bean & tomato hotpot with warm French bread Banana muffins	Cheese & crackers	Egg mayo sandwiches Jelly
Fri	Choice of cereal, fruit or toast	Melon & kiwi chunks	Cheese & cherry tomato macaroni Jam Sponge	Pear slices	Mince beef chilli and rice Lemon meringue



Week 4

	Breakfast	Snack	Lunch	Snack	Tea
Mon	Choice of cereal, fruit or toast	Apple and Pear	Casserole chicken with green beans and carrots & rice Fruit cup cake	Cheesy puff pastry bites	Tomato pasta with homemade savoury scones Rice Pudding
Tue	Choice of cereal, fruit or toast	Cheddar cheese squares & pineapple	Toad in the hole with seasonal vegetables Rice crispy cakes	Plum and peach slices	Make your own Pizza faces Selection of fruit
Wed	Choice of cereal, fruit or toast	Bread sticks and tomato salsa	Mediterranean vegetable and ricotta pasta Fruit Cocktail	Orange segments	Gammon and potato wedges served with sour cream dip, coleslaw and salad. Oatmeal cookies
Thur	Choice of cereal, fruit or toast	Pears and Kiwi	Lamb hotpot & broccoli and Carrots Banana and custard	Hummus and softly boiled carrot sticks	Cheese and tomato topped crumpets with beans Mini Eaton mess
Fri	Choice of cereal, fruit or toast	Banana and Orange	Tomato & courgette Soup with crusty bread Milk jelly	Rice cakes & fruity cottage cheese	Tuna & shredded carrot sandwiches Apple and yoghurt